

**THE BRITISH REFLEXOLOGY ASSOCIATION**  
2010 AUTUMN AND REGIONAL LECTURE DAY  
**'Auricular Reflexology Workshop' with Philippe Mathon**

DATE  
VENUE  
GUEST LECTURER



**Sunday 24<sup>th</sup> October 2010**  
**Crowne Plaza Birmingham City**, Central Square, Birmingham B1 1HH, Tel. 0870 400 9150  
**Philippe Mathon** was trained at the Bayly School of Reflexology with Nicola Hall and consequently trained as an acupuncturist. He runs a busy practice in London, as well as working actively on the British Reflexology Board as the Lecture Day co-ordinator and Treasurer. Philippe learned the ear points as part of his Chinese Medicine training and has given hundreds of treatments using the technique as he initially found it to be excellent for quick pain relief. The ear has been part of Traditional Chinese Medicine for 1000's of years. It was also used in Ancient Greece, Egypt, Rome, Persia and Arabia.

THEME

**'Auricular Reflexology Workshop' with Philippe Mathon:** Rich nerve innervations and multiple connections with the central nervous system exist within the ear, making it possible to connect about 200 ear reflex points to their corresponding body equivalent. When the body loses its homeostasis, its corresponding ear point becomes painful and/or an irregularity is apparent. The use of Auricular Reflexology can give another tool in the repertoire of a Reflexologist. Overall, an ear session is very soothing and can be used on its own or at the beginning or end of a foot reflexology session. An ear session lasts 15 - 30 minutes and both ears are worked on at the same time using gentle palpation. Using ear and foot reflexology together can be a profound and powerful combination for your clients.

TIMES

9.45 am - 10.00 am	Registration	10.00 am - 11.30 am	Lecture
11.30 am - 11.45 am	Break	11.45 am - 1.00 pm	Lecture
1.00 pm - 2.00 pm	Lunch	2.00 pm - 3.30 pm	Lecture
3.30 pm - 3.45 pm	Break	3.45 pm - 5.00 pm	Lecture

COURSE FEE :

£47.00 members / £59.00 non-members (includes tea/coffee at breaks but *NOT* lunch)

Please apply on the application form below and send this together with the course fee to:

**Philippe Mathon, B.R.A. Lecture Day Co-Ordinator**

15 Brecon Road, London W6 8PY

Tel: 07734 080 024 / E-mail: BRAlectures@PhilippeMathon.com

Applications will be accepted on a first come, first served basis. The lecture is open to non-members, with priority given to B.R.A. members. Numbers are restricted, so do apply in good time to avoid disappointment. A CPD Certificate will be issued. Refunds of course fees can not be given if cancellation occurs after the closing date unless the place can be filled or at the discretion of the Association. The closing date for applications is **10<sup>th</sup> October 2010**.

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I wish to apply for the Regional Lecture Day to be held in Birmingham on Sunday 24<sup>th</sup> October 2010 and enclose my course fee of £47.00 / £59.00 (Please make cheque payable to The British Reflexology Association).

Please circle appropriate information: B.R.A. member / B.R.A. student member / Non B.R.A. reflexologist

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_  
\_\_\_\_\_

TEL NO \_\_\_\_\_

E-MAIL \_\_\_\_\_

SIGNED \_\_\_\_\_

DATE \_\_\_\_\_

Please note that a confirmation email will be sent whenever an email address is provided