



## 2023 ONLINE FEBRUARY LECTURE

**DATE:** Wednesday 22<sup>nd</sup> February 7pm  
**FORMAT** MS Teams - Lecture

**GUEST LECTURER:** Allison Walker



Allison Walker qualified as a reflexologist over 23 years ago and has been teaching for 18 years. She was awarded a Fellowship of the Association of Reflexologists in 2014.

From working in busy complementary health centres to running her own college, Allison has a wealth of experience and knowledge and is passionate about all aspects of reflexology.

Allison has been studying Auricular Reflexology for over 21 years and with her own charts and comprehensive manual and supporting material offers Auricular Reflexology workshops for qualified reflexologists.

[www.contemporaryreflexologycollege.com](http://www.contemporaryreflexologycollege.com)

### THEME

Join this fascinating introduction to Auricular Reflexology and learn how simple, quick, powerful and effective auricular reflexology techniques can help with pain relief, allergies and emotional wellbeing for you and your clients. Auricular Reflexology is a stand-alone therapy where you can offer half hour or one hour sessions or use synergistically in your current reflexology treatment. It is excellent for client homework and for your own daily self-care.

In this 2 hour evening presentation you will learn some key points on the ear to work for emotional balance and pain relief, some of the techniques used and how to self-treat your own body systems. Please join without wearing any ear jewellery if possible so you can work your ears more effectively.

**TIMETABLE:** 6.45pm Registration 7pm-9pm Lecture

The meeting will be hosted via MS Teams and the details to join the lecture will be emailed to you the day before.

**COURSE FEES:** £15 for members. £20 for non-members  
**BOOKING:**

Please contact the British Reflexology Association by email [bra@britreflex.co.uk](mailto:bra@britreflex.co.uk) or phone Tel: 0333 772 9217 to book a place for this event

We will require your name, email address and contact telephone number

Payment of the course fee payment should be made to:

The British Reflexology Association (Sort Code: 09 01 52; Account No: 24 66 86 84).

Alternatively, please complete the application form below and send it to: The British Reflexology Association, 38 South Drive, Warley, Essex CM14 5DJ

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### THE BRITISH REFLEXOLOGY ASSOCIATION

#### 2023 Online February Lecture Evening – Auricular Reflexology

I wish to apply for the February Evening Lecture to be held via MS Teams on Wednesday 22<sup>nd</sup> February 2023 and have arranged payment of my course fee of £.....(see above for details).

Alternatively, make your cheque payable to The British Reflexology Association and send to the Admin office.

NAME ..... PHONE .....

EMAIL .....